



SHEMINI - EIGHTH

Leviticus 9:1 to 11:47

2 Samuel 6:1-19

Mark 7:1-23

Acts 5:1-11

Acts 10:1-35

2 Corinthians 6:14-7:1

Galatians 2:11-16

1 Peter 1:14-16

Kingdom Foods: Part Two *Clean versus Unclean: Part One*

Review: As part of the betrothal Covenant, we are learning how to walk in Yahweh's Heavenly Kingdom here on earth through the pattern of Tabernacle/*Mishkan*. The guideline of the Tabernacle lifestyle is seen throughout the teaching of the priesthood as demonstrated by the *Kohath* tribe of Levites. Only the *Kohath's* could act as priests, and only the firstborn *Kohath* received the designated position as High Priest. The remaining Levite brothers, *Gershom* and *Merari*, served the people in the outer court. This information is valuable for the Bride of Messiah, as Yeshua is returning for a Bride, who walks in the lifestyle of holiness as a priest ministering *in* the Tabernacle (Ezekiel 44; Revelation 1:5-6; 5:9-10).

🌿 **Luke 12:35-37** [*Yeshua said,*] “Let your waist be girded and *your* lamps burning; and you yourselves be like men who wait for their master, when he will return from the wedding, that when he comes and knocks they may open to him immediately. Blessed *are* those servants whom the master, when he comes, will find watching. Assuredly, I say to you that he will gird himself and have them sit down *to eat*, and will come and serve them.”

Salvation Versus Eternal Life

Yeshua was well known to Moses, as it was Yeshua who taught His Word to Moses face to face on Mount Sinai.

🌿 **Isaiah 63:8-13** “For He said, ‘Surely they *are* My people, Children *who* will not lie.’ So He became their Savior. In all their affliction He was afflicted, and the Angel of His Presence saved them; in His love and in His pity He redeemed them; and He bore them and carried them all the days of old. But they rebelled and grieved His Holy Spirit; so He

turned Himself against them as an enemy, *and* He fought against them. Then he remembered the days of old, Moses *and* his people, *saying*: ‘Where *is* He who brought them up out of the sea with the shepherd of His flock? Where *is* He who put His Holy Spirit within them, Who led *them* by the right hand of Moses, with His glorious arm, dividing the water before them to make for Himself an everlasting name, Who led them through the deep, as a horse in the wilderness, *that* they might not stumble?’”

🌿 **John 5:46-47** Yeshua said, “For if you believed Moses, you would believe Me [*Yeshua*]; for he [*Moses*] wrote about Me [*Yeshua*]. But if you [*believer*] do not believe his writings [*Moses*], how will you believe My words?”

Moses understood that according to the pattern, Yeshua’s Bride (believers) needed to have a circumcised heart to walk in covenant with the Messiah. He also knew some people would not seek the Messiah in holiness, but prefer the *outer courtyard* of the Tabernacle instead and venture no further. Yahweh calls many. However, the personal decision to choose holiness (obedience) and serve the King *in the Tabernacle* rests on each believer. Sadly not all will choose (Matthew 7:13-14, 22:14).

🌿 **Exodus 19:5** “Now therefore, if you will indeed obey My voice and keep My covenant, then you shall be a special treasure to Me above all people; for all the earth is Mine” (1 Peter 2:9).

🌿 **Matthew 22:14** “For many are called [*into Yeshua’s priesthood*], but few are chosen.”

“*Are*” is not in the original text. The verse should read, “For many [*believers*] are called [*to be priests*], but few [*believers*] choose.”

The term *salvation* is to enter into the Covenant of the God of Abraham, Isaac and Jacob and His Kingdom (*heaven* - Matthew 6:10). Here believers are given the *potential* for eternal life. However, they must choose. Believers cannot inherit *eternal life* if they are not willing to walk in Yeshua image of holiness.

🌿 **Revelation 22:14-15** “Blessed *are* those [*believers*] who do His commandments, that they [*believers*] may have the right to the tree of life [*eternity*], and may enter through the gates into the city. But outside *are* [*those who practice disobedience, called*] dogs and sorcerers and sexually immoral and murderers and idolaters, and whoever loves and practices a lie.”

If believers condone or practice sorcery, sexual immorality, tolerate pornography, have idols in their lives or practice lies - all the things Yeshua warned His people not to touch, then they run the risk of being excluded from the Tree of Life. Paul exhorted all *believers* to run in such a way as to obtain it. Obtain what? *Eternal life*.

🌿 **1 Corinthians 9:24** “[*Believers*] Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.”

After salvation, the rich young ruler made the point of asking Yeshua *how to inherit eternal life*. Sadly he chose not to take responsibility for his sin of covetousness.

✿ **Matthew 19:16, 21-22** “Now behold, one came and said to Him, ‘Good Teacher, what good thing shall I do that I may have eternal life?’ Jesus/Yeshua said to him, ‘If you want to be perfect [*have eternal life*], go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me.’ But when the young man heard that saying, he went away sorrowful, for he had great possessions [*covetousness, an idol of the heart*].”

In Matthew 25 and the parable of the virgins, all ten virgins had *salvation* but only five received *eternal life*.

✿ **Matthew 25:7-12** “Then all those virgins [*believers*] arose and trimmed their lamps. And the foolish [*virgins/believers*] said to the wise [*virgins/believers*], ‘Give us some of your oil, for our lamps are going out.’ But the wise answered, saying, ‘No, lest there should not be enough for us and you; but go rather to those who sell, and buy for yourselves.’ And while they went to buy, the bridegroom came, and those who were ready went in with him to the wedding; and the door was shut. Afterward the other virgins came also, saying, ‘Lord, Lord, open to us!’ ‘But he answered and said, ‘Assuredly, I say to you, I do not know you.’”

Yeshua explains to believers in Matthew 25:31-46,

✿ **Matthew 25:31- 46** “When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides *his* sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, ‘Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I *was* naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ Then *the righteous* will answer Him, saying, ‘Lord, when did we see You hungry and feed *You*, or thirsty and give *You* drink? When did we see You a stranger and take *You* in, or naked and clothe *You*? Or when did we see You sick, or in prison, and come to *You*?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did *it* to one of the least of these My brethren, you did *it* to Me.’ Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to *You*?’ Then He will answer them, saying, ‘Assuredly, I say to you, inasmuch as you did not do *it* to one of the least of these, you did not do *it* to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

Jude also exhorted believers,

🌿 **Jude 1:20-21** “But you, beloved [*believers*], building yourselves up on your most holy faith, praying in the Holy Spirit/*Ruach HaKodesh*, keep yourselves in the love of God/*Elohim*, looking for the mercy of our Lord Jesus Christ/*Yeshua HaMashiach* unto *eternal life*.”

The letters addressed to the seven churches in the Book of Revelation were written in such a way as to *warn believers* that they were at risk of losing eternal life *if* they continued doing what they were doing. They were told to *repent* and take responsibility for their waywardness. Yeshua then went on to describe what faithful believers would inherit *if* they turned from sin and pushed through to the goal of their faith - *eternal life* (Revelation 2:7,11,17, 26-28; 3:5,12, 21).

The Priestly Ministry of the Melchizedek Order

Salvation is gifted through the *Abrahamic Covenant*. Yeshua’s priesthood is formed within the next covenant called the *Mosaic Covenant*. These two covenants are designed to work in unison. The book of *Leviticus* is part of the *Mosaic Covenant* and contains the instruction manual for the priesthood *and* eternal life. Leviticus is the basis for all of Yeshua’s teachings in the New Testament/*Brit Chadasha*.

This Torah portion is about making wise choices. Yeshua’s people will either choose to walk in Yahweh’s right principles of holiness and lifestyle or continue with a blended walk - mixing holiness with ungodliness. One of the main areas Yeshua teaches His people about His Kingdom is that they must not settle for complacency or *the outer court* lifestyle when they have the opportunity to enter His Holy of Holies and the Priesthood to inherit eternal life. The purpose of the Tabernacle is to show Yeshua’s people where they are in their walk, how to grow in maturity, where they may need to repent, and in what manner make restitution. King Solomon recognized this at the beginning of his ministry when he sincerely asked,

“Therefore, give to Your servant an understanding heart to judge Your people, that I may discern between *good* and *evil*” (1 Kings 3:9).

King David’s prayer begins our teaching of the priestly ministry in the order of Melchizedek.

The Eighth Day - Leviticus 9:1-20

On the eighth day, after the consecration of Aaron as high priest and his four sons, Nadab, Abihu, Eleazar, and Ithamar as priests, the ministry of the priesthood began. It is commonly understood in the Hebrew language that eight signifies both *new beginnings* and *life beyond*. The newly appointed priests first presented offerings for themselves and then made offerings on behalf of the whole Israelite community. After the inauguration, Aaron lifted his hands toward the people and pronounced the priestly blessing over them.

“*The LORD/Yahweh bless you and keep you;
The LORD/Yahweh make his face shine upon you and be gracious to you;
The LORD/Yahweh turn his face toward you and give you peace/shalom*”
(Numbers 6:24-26).

This blessing is still prayed over all Israel today.

Mixing Holiness With The Profane The Death of Nadab and Abihu Leviticus 10

The inauguration of the priesthood was celebrated with grand festivities and confirmed by an outpouring of Yahweh's signs and wonders. In the midst of all of this excitement, we suddenly see Aaron's two older sons, Nadab and Abihu, fill their censers with strange fire, walk into the Tabernacle and offer Yahweh a distorted rendering of incense. What were they thinking? Nadab and Abihu mixed the profane with the holy. Compromising Yahweh's instructions and offering what they deemed acceptable broke the underlying code of holiness. Only truth prevails in the Tabernacle. Presenting this adulterated version before a Holy God/*Elohim* was a recipe for disaster. Nadab and Abihu elevated *their* pride higher than *Yahweh's* principles for life and as a result, when they entered into His presence, they died.

Moses and Aaron taught Nadab and Abihu very well, so it was not a matter of ignorance or misunderstanding as to the correct procedure. This battle was between their intellect and honoring Yahweh's instructions. By choosing their preference over obedience, the fruit of pride exposed an unbending independent thinking and self-righteousness. There is only one King and one Kingdom. Pride and self-idolatry have no place in Yahweh's Kingdom; therefore, will not stand in His Courts.

The priests are to represent *the holiness* of Yahweh. That requires a mirror image of His likeness. Mixing ungodliness with pure worship disqualified Nadab and Abihu, which cost them their lives. Retaining a sinful nature will not endure in what is to be known as His kingdom of priests and a holy nation. Believers must act as the King acts, walk as the King walks, and talk as the King talks. Aaron's eldest sons tolerated *uncircumcised* hearts. Thus remained unsundered to the redemptive work of Yeshua, the blueprint of life called the Torah. Truth is the only key into the Holy of Holies, as only truth stands before the King. Therefore, a lie or any falseness will be exposed for what it is. Thus, if there is a break of the Covenant, repentance is the first approach to the pathway of holiness.

Torah without the life-giving Spirit of Messiah becomes a religion of legalism and false works, which in turn produces after its own kind (a religious spirit), resulting in separation from God/*Elohim* in every aspect of life, even to death. Believers need Yeshua *in* Torah to have life/*chai*. They cannot separate Yeshua from His instructions, as He is the *Living Torah* (John 1:1,14).

After the death of Aaron's two older sons, his two younger sons, Eleazar and Ithamar, resumed the responsibilities vacated by their brothers. Eleazar became the heir apparent, and both he and his brother Ithamar shared in the ministerial roles as priests in the Tabernacle serving before Yahweh.

Life in Our Tabernacle: Clean Versus Unclean Foods

Leviticus 11

(For more Biblical food information see: www.sheepfoldgleanings.com Reeh study – Deuteronomy 11-16).

Believers are learning that the Tabernacle/*Mishkan* on earth is a shadow of what is current in heaven (Hebrews 8:1-2). The earthly *Mishkan* is a prophetic representation of the Messiah and His Kingdom. This picture is written on the heart of every believer.

🌿 **Deuteronomy 30:14** “But the word *is* very near you, in your mouth and in your heart, that you may do it.”

As Yahweh’s people learn to walk by progressive revelation in the functionality of the Tabernacle, they will not only see what is written on their heart but also what a redeemed and sanctified lifestyle is like in Yeshua’s Kingdom. Moses and the Holy Spirit/*Ruach Ha Kodesh* are the believer’s point of reference when he or she chooses to walk and proclaim the Gospel of the Kingdom. As stated earlier, our body represents the Tabernacle/*Mishkan*. If Yeshua chose us, then we have also been invited by His Holy Spirit/*Ruach Ha Kodesh* to Tabernacle with Him in His dwelling place. If believers place tradition or personal choices of greater importance than obedience to Holiness, as Nadab and Abihu did, then they run the risk of disqualifying themselves. This same choice is before every believer today. Will they choose tradition over obedience? Obedience is always a choice.

🌿 **1 Corinthians 6:19-20** “Or do you not know that your body is the temple of the Holy Spirit/*Ruach HaKodesh* who is in you, whom you have from God/*Elohim*, and you are not your own? For you were bought at a price; therefore glorify God/*Elohim* in your body and in your spirit, which are God’s/*Elohim*.”

🌿 **Revelation 21:3** “And I heard a loud voice from heaven saying, ‘Behold, the Tabernacle of God/*Elohim* is with men, and He will dwell with them, and they shall be His people. God/*Elohim* Himself will be with them and be their God/*Elohim*’” (Exodus 25:21-22).

Kingly and Priestly Foods

After the inauguration of the priests, Yahweh commenced instruction for His priesthood *beginning with food*. Why food? What was so significant about food that Yahweh would start His orientation of the priesthood there? A closer examination reveals many fascinating facts about food. Yahweh is very concerned about the heart attitude of those who serve Him. His people are called to be priests and serve Him with their whole being: *body, soul and spirit* united as one/*echad*. If they are a royal priesthood, then these instructions are crucial for believers *today* (Exodus 19:5-6; 1 Peter 2:9). The vow, “*We hear and we will obey*,” declared at Mount Sinai through our ancestors, is for all who embrace the Messiah (Deuteronomy 29:14-15). Contained within His instruction is the promise to keep the regulations governing food. Food is imperative to Yahweh because what His people put *into* their body affects the result. Physical food, like spiritual food, influences every area of a person. For that reason, the instruction on food was imparted to those destined not only for the priesthood but also for eternal life. The one made in His image - the Bride of Yeshua.

Through Yeshua's redemption plan, our body is to be holy and sanctified; a representation of His Heavenly Tabernacle/Temple. As mentioned above, the foods (spiritual and physical) that a believer puts into his or her body will govern the state of the heart and mind. Food is a revealer of the heart; whether God's/*Elohim* people have been obedient or if they have yielded to a beguiling spirit and walked in their preferences and self-will (1 Corinthians 3:16-17).

Yahweh desires that His people prepare a place in which He may dwell (Isaiah 66:1). If they ingest meat with blood still in it, do His people imagine that Yahweh will put aside His Torah principles not to consume blood or abominable things or should they expect consistency in His Word from the One who never changes? Yeshua fulfilled the requirements for the law concerning *our* sin, but has this fulfillment canceled or nullified His principles that govern the earth? Many in Christianity think this by calling it *grace*, but is that true?

In the last study (*Tzav*), we learned that blood was not for consumption but for atonement only. Yeshua has fulfilled the blood atonement needed for *our* sin, but does this mean His sacrifice also abolished the law against blood and the abominable? Did Yeshua eat meat with blood still in it? Did He eat pork, shellfish or other unacceptable things or did He uphold and fulfill His own instructions? Does it matter what *believers* place on the altar and what *they* eat? What does God/*Elohim* consider authorized food? These questions have as much physical application as they do a spiritual. In this section, we will examine what the truly approved foods are and what foods, if consumed, are considered an abomination according to Scripture.

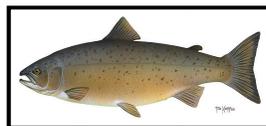
🌿 **Ezekiel 33:25** “Therefore say to them, thus says the Lord/*Adonai* GOD/*Elohim*: ‘You eat *meat* with blood, you lift up your eyes toward your idols, and shed blood. Should you then possess the land?’”

🌿 **1 Corinthians 10:20-21** “Rather, that the things which the Gentiles [*Nations*] sacrifice they sacrifice to demons and not to God/*Elohim*, and I do not want you to have fellowship with demons. You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the Lord's table and of the table of demons.”

To keep our temple clean and healthy and to walk in obedience today Yahweh teaches us what He considered edible food for His people:

- **Animals** that have *both* a split hoof and chew their cud (avoiding their blood and fat).
- **Sea or water life** that has *both* scales and fins.
- **Birds** of a non-aggressive or non-scavenger in nature.
- **Insects** that fly and have jointed legs for hopping on the ground.

Examples of Clean Foods



Examples of None Food – Unclean Species Including all shellfish



Other examples of unclean foods are all pork products
Such as bacon, hot dogs, pork chops, salami and pepperoni on pizza



What is The Difference Between *Biblical* Kosher and *Rabbinical* Kosher?

Yahweh has imparted His complete *biblical* kosher food laws for His people through His word. However, in the 1500's, Jewish mystics suggested that Yahweh's original word did not have enough information. They implied more instruction was needed. The rabbi's presumption cast doubt on the word itself opening the door for rabbinical dietary laws to be added to Yahweh's original word. This written work was called the Oral Torah. The man responsible for codifying these laws was Joseph Karo (1488-1575 also spelled Caro). Karo was a lawyer from a Jewish Sephardic family who were expelled in 1492 from Spain during the Spanish Inquisition. Eventually, in 1536, the Karo family settled in Safed, Northern Israel where Karo studied under a mystic called Isaac Luria. Luria practiced witchcraft and channeled many hours engaged with a spirit entity called "Elijah." Luria would later be called the father of Kabbalism. After Luria's death, Karo carried on Luria's practice of channeling and became the head of the yeshiva in Safed.

The Kabbalists believe that parts of the divine being had become scattered due to human disobedience. To reunite the various aspects of God's scattered body they were to perform a mitzvah, based on good works, to help repair the world. Many of this mitzvah seemed righteous but were a counterfeit of Yahweh's biblical laws. This fixing is called *Tikkun Olam*. Mystics communed with familiar spirits for hours seeking how best to Tikkun. Rabbinic food laws were one such law derived from these meditating encounters. The information received was written down to become "law." However, it wasn't Yahweh's law they were writing about but a counterfeit law from the dark side, *the Tree of the Knowledge of Good and Evil*, where there is no life for its followers. For fifty years Karo, the lawyer, kept a diary of his mystical mentor's nocturnal visitations (*the personified Mishna*). His spirit visitor would often speak in an audible voice through him or conveyed what to write. From these demonic visitations, "*Karo's literary works are considered among the masterpieces of rabbinic literature*" and that is how Karo's "*Set Table Laws/Shulhan Arukh*" became standard code for all Orthodox Jews.

By engaging the dark side of the spirit world, Karo, seeking Tikkun/fixing, was told by these spirits that eating dairy and meat together in the same meal would cause health issues such as leprosy or even death. Therefore, it would be “healthier” for a man to separate meat and dairy (*Tikkun, fixing*). Today, through the medical profession’s extensive tastings, we know these rabbinical statements are false. Health wise, no harm can come from mixing dairy products and meats. The Rabbinical laws say the people must also separate the ingestion of the two by a certain number of hours. Furthermore, rabbinical food laws advise that kitchen equipment and utensils also remain separate. Therefore, suggest two kitchens (one side for dairy, the other for meat) complete with separate dishes, cutlery, sinks, fridges, stoves, etc.. All these laws are encumbering on God’s/*Elohim* people and based entirely on false laws dictated by a spirit entity. We know of friends who have undertaken the expense of replacing their *old* single (gentile) kitchen with a double *rabbinically approved kosher dairy/meat* kitchen.

These mystical rabbinic laws, governed by the spirit world, are geared to be physically exhausting and financially draining of Yahweh’s people. Yeshua came to set His people free from incumbering man-made laws. Those who practice rabbinically kosher and other *added* laws are bowing down to other spirit worlds and their gods, giving them permission to guide (spirit guides) and have rule over their lives. Yahweh says this is an abomination to Him. There are no such laws for separating dairy from meat in Scripture. When Yeshua’s people arrive at His wedding banquet, they will be served dairy and meat together in the same meal. Scripture reveals this truth when we see Abraham, *the father of our biblical faith and the father of biblical kosher foods*; serve dairy and meat to Yahweh together in one meal. Notice, Yahweh did not rebuke what Abraham presented or reject certain foods or eat them at separate times. Yahweh ate all of the food during the same period and in one seating (Genesis 18:2-8).

Genesis 18:2-8 “So he [*Abraham*] lifted his eyes and looked, and behold, three men were standing by him; and when he saw them, he ran from the tent door to meet them, and bowed himself to the ground, and said, ‘My Lord/*Adonai*, if I have now found favor in Your sight, do not pass on by Your servant. Please let a little water be brought, and wash your feet, and rest yourselves under the tree. And I will bring a morsel of bread, that you may refresh your hearts. After that you may pass by, inasmuch as you have come to your servant.’ They said, ‘Do as you have said.’ So Abraham hurried into the tent to Sarah and said, ‘Quickly, make ready three measures of fine meal; knead it and make cakes.’ And Abraham ran to the herd, took a tender and good calf, gave it to a young man, and he hastened to prepare it. So he [*Abraham*] took **butter and milk and the calf which he had prepared, and set [*this combination of foods*] before them, and he stood by them under the tree as they ate.**”

Some say they are obeying the rabbinic kosher food laws based on Scripture in Exodus 23:19 (and repeated again in Exodus 34:26 and Deuteronomy 14:21).

 **Exodus 23:19** “The first of the firstfruits of your land you shall bring into the house of the LORD/*Yahweh* your God/*Elohim*. You shall not boil a young goat in its mother’s milk.”

Notice the first part of this verse, “*The first of the firstfruits of your land you shall bring into the house of the LORD/Yahweh your God/Elohim.*” The whole verse has to do with *how to bear a fruitful yield*. Keeping the verse *in context*, Yahweh is protecting His people against an occult practice where the neighboring cultures around them boiled a kid in its mother’s milk, as a fertility rite to gain a more fertile ground. Exodus 23:19, 34:26 and Deuteronomy 14:21 have nothing to do with what is placed on the table to eat.

Those who follow the mystics (*maggidim*) *do not observe a kosher law based on biblical truth but keep a tradition based on a familiar spirit*. Karo even admitted that whoever follows these rabbinical laws were bowing down and allowing (giving permission for) a spirit entity to guide them (Reference: Joseph Karo: Wikipedia; The Jewish Encyclopedia.com; Chabad.org/Kabbalah Online.com).

What is The Difference Between *Biblical* Kosher and *Halal*?

A *biblical* kosher kill, called *Shechita* in Hebrew, is a humane slaughter where the jugular vein and esophagus in the neck of the animal are cut thereby allowing the heart to pump the “*lifeblood*” out of the animal before it dies. *Halal* slaughter is similar, however during the kill an Islamic priest called an *imam* pronounces a prayer over the animal during the kill dedicating it to their god Allah, thus, rendering the slaughter a “*ritual*” kill - a food offered to an idol. Anyone eating this *ritual* slaughter or other Halal dedicated foods is said to be in agreement with and allowing Islamic Sharia Law and their god to have authority over his or her life. (For more *Biblical vs Halal* information, please refer to www.sheepfoldgleanings.com Reeh - Deuteronomy 11-16 study).

Biblical Guidelines Continued...

Outside of Yahweh’s *scriptural* food guidelines, He did not consider *anything* else of the animal kingdom consumable or even called “*food*” in His word (Leviticus 11:2-47). Yahweh cautioned His people over and over again (eight times in Leviticus chapter 11) that they would defile themselves by eating the abominable. Therefore, He exhorts them (us) to be consecrated and holy, because He is holy.

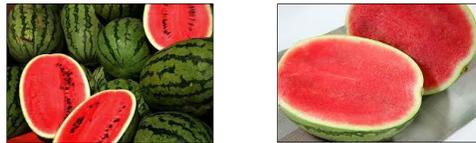
 **Leviticus 11:43-44** “You shall not make yourselves abominable with any creeping thing that creeps; nor shall you make yourselves unclean with them, lest you be defiled by them. For I *am* the LORD/Yahweh your God/Elohim. You shall therefore consecrate yourselves, and you shall be holy; for I *am* holy. Neither shall you defile yourselves with any creeping thing that creeps on the earth.”

Often Scripture uses animal-like characteristics to describe the dishonoring nature of a man. Unclean species can represent people out of God’s/Elohim order and association. The mention of clean food and unclean species was the difference between the realm of life and realm of death. The Torah portion indicates that people will become contaminated by what they physically eat, as well as any unwise words or conversations they chew on. The lust of the eye, the lust of the flesh and the pride of life will contaminate a believer.

✿ **Galatians 5:16-18** “I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. But if you are led by the Spirit, you are not under the law [*of sin and death*].”

✿ **Galatians 6:7-9** “Do not be deceived: God/*Elohim* cannot be mocked. A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up” (Proverbs 23:7).

In the Garden of Eden, there were clean foods and unclean. Yahweh gave man the freedom to eat from the *Tree of Life* but warned him not to eat from the *Tree of Knowledge of Good and Evil*, or he would die. The Tree of Life had edible fruit with seed that could reproduce life, but the Tree of The Knowledge of Good and Evil had no life-supporting qualities thus was not considered food according to Yahweh. It was a neutered food.



Can You Tell the Difference?

These two watermelons give us an example of clean versus unclean. The watermelon on the left has life giving seed in it. The watermelon on the right is a hybrid - genetically modified. It is neutered, lifeless with no life giving seed thus rendering the fruit unclean.

Adam and Eve sinned through the *lust of the eye*, *lust of the flesh* and *the pride of life*. Beguiled, they chose to eat unauthorized *fruit*. Eating what was unlawful was all it took; thus, they were escorted from the Garden.

✿ **Genesis 3:6** “So when the woman saw that the tree [*of the knowledge of good and evil*] was good for food [*lust of the flesh*], that it was pleasant to the eyes [*lust of the eye*], and a tree desirable to make *one* wise [*pride of life*], she took of its fruit and ate. She also gave to her husband with her, and he ate.”

✿ **2 Corinthians 11:3-4** “But I fear, lest somehow, as the serpent deceived Eve by his craftiness, so your minds may be corrupted from the simplicity that is in Christ/*Messiah*. For if he who comes preaches another Jesus/*Yeshua* [*the Word/Gospel made flesh*] whom we have not preached, or *if* you receive a different spirit which you have not received, or a different gospel which you have not accepted - you may well put up with it! [*and become defiled!*]”

Mixing dishonor with honor corrupted Adam and Eve. The sin of covetousness for temporal power ate into the abominable fruit. If God’s/*Elohim* people sow the abominable, it will be impossible to hide it. All dishonor, defilement and abominations stand out like a brightly lit neon

billboard for all to see, as only truth, not defilement, stands before a holy God/*Elohim* in His Kingdom. Those who try to conceal disobedience, like Adam and Eve, will be escorted from His Presence. They will also lose their ability to represent His authority on the earth until proper order is restored in their lives (more on this in the next study) (Matthew 25: 1-13).

In mixing what seemed right in their own eyes with holiness, Adam and Eve brought death and defilement. Unprotected hearts sanction doubt and double-mindedness to take the lead. These three areas of lust constitute the primary strategy used by the enemy to draw God's/*Elohim* people away by appealing to their weaker side. Hence, the enemy is allowed to present temptations that are hard for God's/*Elohim* people to resist if not guarded over. Believers who eat from the *Tree of The Knowledge of Good and Evil* will manifest its fruit, that of the unclean nature (Genesis 2:15-17; 3:1-13).

✿ **Galatians 5:18-21** “Now the works of the flesh [*dishonoring sinful nature*] are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God/*Elohim*.”

✿ **Romans 7:5** “For when we were in the flesh, the sinful passions which were aroused by the law [*of sin and death*] were at work in our members to bear fruit to death.”

✿ **Mark 7:20-23** “What comes out of a man, that defiles a man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. All these evil things come from within and defile a man.”

However, believers who eat from the *Tree of Life* will magnify its life giving characteristics that mirror our Heavenly Messiah and His Kingdom here on earth.

✿ **Galatians 5:22-24** “But the *fruit of the Spirit* is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law [*of sin and death*]. And those who are Messiah's have crucified the flesh [*dishonoring sinful nature*] with its passions and desires.”

Do Not Plant Mixed Seed: Genetically Modified Organisms (GMO)

(For more GMO information please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

✿ **Leviticus 19:19** “You shall keep My statutes. You shall not let your livestock breed with another kind. You shall not sow your field with mixed seed. Nor shall a garment of mixed linen and wool come upon you.”

Yahweh's food laws are still in effect today. Growing up, we had watermelon, grapes and other produce with seeds naturally occurring within them. Today they are hard to find. We see more seedless watermelon, grapes and cucumbers than we do the seed varieties. Genetically modified

foods (GMO) are fabricated foods. A section of a chromosome is removed from the original molecular structure and a particular gene from another source, foreign to the original, is inserted in its place. In the last fifty years genetically modifying our food chain has changed the way the food industry and consumers think. Man has always wanted to create. Cross-pollinating in the flower industry created the hybrid flowers, like the tea rose. Cross-breeding of dogs created designer dogs such as the Labradoodle. When the food industry decided to introduce markers from other sources other than a plant source, the GMO industry took off.

Mixing, through artificial means, changes Yahweh's original DNA/RNA structure of the seed and the end result of what it was initially designed and created to do. The "new and improved" GMO seed looks like it will outperform nature, thus was very enticing from the farming point of view and consumer alike. With higher yields came higher profits and the savings could be passed on to the consumer. Looks like a win-win situation for everyone, right? But was it? Are there any hidden costs involved?

Tampering with God's/*Elohim* original design by mixing *flora*/plant seed with *fauna*/animal genes has become a huge industry for pharmaceutical chemical companies like Monsanto. Marketing this genetically modified product became a huge industry of delusion. Subtle propaganda and slogans were crafted such as a *better yielding plant, sustainable, large profits* and *optimum end product useful for today's market*. These promotional words helped provide bigger profits for numerous companies who concealed the truth from innocent, unsuspecting consumers. Spinoff business resulted, and the financial gains were enormous.



Seeds of Death Unveiling the Lies of GMO – the full movie

Modifying God's/*Elohim* original design is changing His order upon the earth. GMO seed does not breed true and is unreliable if not pointless to repeat the second year, as it cannot reproduce itself. It is a neutered seed. Though man may regard a hybrid seed a better variety financially, genetically altered food is considered a poison by the medical society. Do God's/*Elohim* laws change just because man's laws have? No. God/*Elohim* warns His people not to eat genetically altered foods today. It is called *mixed seed* and according to biblical standards *forbidden*.

🌿 **Genesis 2:16-17** “And the LORD/Yahweh God/*Elohim* commanded the man, saying, ‘Of every tree of the garden you may freely eat; but of the Tree of The Knowledge of Good and Evil you shall not eat, for in the day that you eat of it *you shall surely die.*’”

Monsanto's seeds are genetically engineered (the mixing of different DNA) for use with the company's chemical herbicide *RoundUp*. It was produced to withstand weeds, kill pests and resist disease. After years of use, *RoundUp* farmers are now reporting the weeds that were killed

in the past by Monsanto's product, are becoming resistant to *RoundUp*. Monsanto's profits and stock prices began dropping.

In early 2011 while the world was watching the Arab uprising, the Obama administration pushed the Secretary of Agriculture and the U.S. Department of Agriculture to deregulate GMO alfalfa and sugar beets. One of Obama's promises while running for office was the support of GMO labeling on all consumer products similar to cigarette warnings placed on the tobacco industry. This tactic was to gain the grass roots voter support. Obama and the USDA have chosen to override and ignore decisions and injunctions made by the U.S. Supreme Court that banned planting of genetically engineered alfalfa and sugar beets without consideration of the Environmental Impact Assessments.

Alfalfa reaches our tables within milk, cream, butter, and meat, as it is commonly used to feed dairy cows. Cows eat grass, not corn, but GMO corn is cheaper to produce. Oddly enough, alfalfa (Arabic for "king of herbs") does not need herbicides for more than 93 percent of its common applications. Farmers have grown it for centuries and know how to do so without herbicides. Sugar beets provide over 50 percent of the sugar Americans use in their coffee, cereals, and desserts. The push for genetically engineered alfalfa and sugar beets was a move toward controlling more of the food supply.

The deregulation was another blow to the organic farmers who have struggled to exist against the biotech giants. Today, the threat of cross-pollination and extinction of a vast variety of pure seed, which took generations to produce, are at an even higher risk than ever before.

How do scientists insert a genetically modified organism into a seed or animal product? Bacteria are good at invading. Chemical companies combined an E.coli DNA with the resistant DNA *RoundUp* seed. Once the genetically altered seed, along with its bacteria/chemical factors, is introduced into the seed/plant, it never leaves nor does it leave the food chain produced from that product. This chemical is like plastic. It does not wash out or dissolve over time and stays in the edible meat, fish or vegetables.

In nature, many different plants grow together keeping the soil and environment healthy and naturally pure. When only one crop is grown there is no natural resistance, the soil is not enriched, and the environment struggles. Weeds, disease, parasites, blights and fungus begin to take over. More and more herbicides, pesticides and fungicides are needed to replace what nature took care of naturally. Not only did the soil suffer from the heavy use of "icides," but the natural habitat for pollinators such as insects, bees, butterflies and birds all suffered as well. Streams and rivers and the life they supported were also compromised. *RoundUp* resistant seed is registered as an insecticide. Anything eating that plant will die.



The Difference?

Which tomato cluster came from pure organic seed (a none tampered seed) and which cluster is a hybrid-genetically altered potentially harmful to eat (mixed seed)?

Additives

Not only has the GMO plant structure been given herbicide resistant qualities but also insecticides in the form of a natural organism called *Bacillus Thuringiensis* or Bt for short. The built-in pesticide was integrated into certain GM crops to ward off pests. Bt corn, for instance, has actually been designed to produce the toxin directly inside its kernels, which is later eaten by both livestock and humans. Bt effectively transforms good bacteria into bad bacteria. Any pest feeding on any part of these GMO plants will be exposed to Bt, and those susceptible to the toxin will die. Once the insect digests the plant, the Bt bacteria activates in their gut, eating holes in the lining causing them to leak. The insect stops eating and dies of starvation.

Concerns about the ecosystem and food chain are rising with the widespread use of Bt as a pest control. The effects can kill organisms other than their intended targets. Other species that survive on insects as their many food sources are at risk, not to mention the animals that depend on those species.

A Matter of Time

The biotech industry knew it would only be a matter of time before the insects and weeds developed a resistance. Weeds actually flourish when larger amounts of herbicides and pesticides are used. Because this is happening at a faster rate than anticipated, the biotech industry is *considering* introducing 2, 4-Dichlorophenoxyacetic acid (2, 4-D) the active ingredients in Agent Orange, a broadleaf herbicide, directly *into our food supply*. It is estimated that more than 130 types of weeds spanning 40 U.S. states are now herbicide-resistant and showing no signs of slowing down or stopping. In fact, the situation is getting progressively worse.

“Yes, Dow AgroSciences (a subsidiary of Dow Chemicals), which was one of the original manufacturers of Agent Orange, has developed a new generation of genetically modified (GM) crops called Enlist, designed to resist not just one, but THREE different herbicides: glyphosate (the active ingredient in Roundup), glufosinate, and 2,4-D, in the same way that Monsanto’s Roundup-Ready crops are resistant to glyphosate.”

“Of course, the whole point of engineering resistance to an herbicide within a plant is so that you can “carpet bomb” an entire field, leaving only your GM crop standing. If 2,4-D resistant crops receive approval and eventually replace Monsanto’s failing Roundup-resistant crops as Dow intends, it is likely that billions of pounds of 2,4-D will be needed, on top of the already insane levels of Roundup being used (1.6 billion lbs. were used in 2007 in the US alone!).” (From Dr. Mercola interview with Mark Kastel. For full interview and video: http://articles.mercola.com/sites/articles/archive/2012/03/11/mark-kastel-on-agent-orange.aspx?e_cid=20120311_SNL_Art_1)

Testing

There has only been one reported testing of GMO in humans in the fifteen years it has been on the market. A well-known crusader and spokesman for exposing GMO is Jeffrey Smith, author of *Seeds of Deception* asks the question:

“Although it’s never been studied, what happens IF the gene that produces the Bt toxin transfers to the bacteria living inside your intestines like it happen with the soy products? If that happens it might turn our intestinal bacteria into a living pesticide factory continuously producing the Bt toxin inside our intestines.”

In 2011, a study out of the University of Sherbrooke, Canada, found Bt toxin in human blood samples for the first time. This study revealed that Bt-toxin showed up in 93% women’s reproductive systems, 80% fetal blood samples and that 69% non-pregnant women tested positive for the toxin in their blood. These women involved in the study had been consuming a typical Canadian diet, likened to the US, which is riddled with GMO material and toxins. Conventional soy, corn, canola, and potato products, for example, are in many of the foods eaten in both the US and Canada, which explains why Bt toxin was highly prevalent in the women's blood samples. http://www.naturalnews.com/032407_Bt_insecticide_GMOs.html

Tampering With Flavors

A few years ago Morley Safer of *CBS 60 Minutes* did an interview with a large company whose specialty is to create flavors and smells that would cause the consumer to purchase the product over and over again. The spokesperson from *Givaudan*, a Swiss company, employing over 9000 people in 45 countries, admitted that their flavors are to create an addictive type of *quick fix* response so the consumer would want that product *again*. For example, an orange flavor was created by combining some seven hundred and fifty different manmade chemical and artificial flavors to simulate what the consumer would think was a real orange, tangerine or mandarin. The label on the product could read *natural* but not necessarily from a natural food source. *“For example, strawberry and vanilla flavor can come from the gland in a beaver’s backside.”*



The Flavoritsts by 60 Minutes

<http://www.cbsnews.com/news/the-flavorists-tweaking-tastes-and-creating-cravings-27-11-2011/>



Other GMO News

It is remarkable to note that in 2011, a well-known philanthropist Bill Gates bought 500,000 shares of Monsanto stock reasoning that it would help the African’s food shortage. When GMO products originally came on the market fifteen years ago, Africa was one of the first to reject this corrupted seed stating they would rather die of starvation than infect their indigenous crops and poison their people, rivers, and land. Now that Monsanto has Mr. Gates the Africans may not have a choice. Today, no genetically engineered crops are permitted for sale in the European Union.

We do not need to worry about the threat of nuclear bombs? The ingredients to make the bomb, thanks to companies like Monsanto, are already in our soil, rivers and ocean life - and not to

mention, on our dinner tables. Have you ever wondered why we have huge advances in modern medicine and yet have such levels of disease in this enlightened society today? One word: *greed*.

“Whoever controls the seed controls the food.” (The Future of Food)

Our Future

Yahweh has good news for us. In His word, He instructs His people: “*do not sow your field with mixed seed*” (Leviticus 19:19). That means *do not consume that which is produced from mixed seed*. Yahweh designed our bodies to process only the whole natural plant from pure unmixed seed to keep our body happy and healthy. Our bodies were not designed to handle chemicals, mixed seed, processed foods or *anything* that Yahweh does not call food in His Word. To go against His instructions would be eating from the forbidden *Tree of the Knowledge of Good and Evil*. Yahweh warns His people not to eat the abominable, or it will lead to illnesses, disease and even death. Therefore, He instructs His people – priests - not to mix the strange with the holy. We will not find a GMO product at His banquet table (Exodus 19:5-6; 1 Peter 2:9).

- A kosher label does not mean *organic or non-GMO*.
- Organic foods are becoming more and more widely available. We need to stand behind these farmers and support this threatened industry.

Yeshua calls His people *priests*. He asks them to be discerning in their choices especially about the foods they consume. We have one body, which is remarkable. Thankfully we have the instructions for its care. There is no need to go into fear about what we are learning, but be wise. GMO may look like food but is far from it. As believers, we are called to be wise, choose life and uphold Yahweh’s instructions. Those who obey His word receive the blessings, not the curses (Leviticus 19:19; Deuteronomy 28; Hosea 4:6).

“Don’t panic. Go organic” (Mark Kastel)

📖 **1 John 2:15-17** “Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him. For everything in the world - the cravings of sinful man, the lust of his eyes and the boasting of what he has and does - comes not from the Father but from the world. The world and its desires pass away, but the man who does the will of God lives forever.”

For a better understanding of the vast implications of our agriculture, food, educational and medical worlds, we recommend an investigative report called,

How Big Oil Conquered the World
<https://www.corbettreport.com/episode-310-rise-of-the-oiligarchs/>



For more GMO information and a short movie see the reference section below.

Do Not Mix Clean with the Unclean

(For more information please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

Yahweh designed specific clean foods for human consumption and specific unclean species not fit for human consumption. The unclean species are not called *food* anywhere in Scripture from Genesis to Revelation. These unclean varieties are designed in such a way as to keep the world clean. They are Yahweh's cleaning crew of vacuum cleaners, garbage disposals and water purifiers intended to keep our environment clean. They are just as their name entails "unclean." If we were to eat these unclean it would be as if we were eating the contents of a vacuum cleaner, trash bag or water filter full of contaminants, chemicals, urine, feces, dead tissue, rotting foods, bacteria and whatever else these organisms were created to clean up in the zones they were designed for. They are dirty, unsanitary, and full of parasites, worms and diseases. If eaten, that is what we put into our body.

Have you ever questioned why people get sick? First, check their diet (physically and emotionally). What do people put in their body? When Scripture mentions food, it is always what Yahweh considers biblically acceptable. *Any-thing* else is not to be consumed regardless of what their societies, religions or cultures have dictated over time. The reason God/*Elohim* taught His people *His* guidelines is to make sure they would always know the way to life, how to sustain His life within them, and stay healthy.

Keeping Our Tabernacle Clean - *Eating Fat and Blood Forbidden*

Leviticus 3:17, 7:22-27

(For more GMO information please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

This next section in Leviticus is a continuation of the instructions found in the previous study *Tzav*, in which believers are to examine what they physical, spiritual and emotional allow into their body. If a believer willfully goes against Yahweh's instructions and violates His food laws by consuming *fat* and/or the *lifeblood* of an animal, that which is *forbidden*, it is the abomination that brings the contamination, plus the consequences for their violating.

These are such important instructions for the priesthood of Yeshua. Fat and blood mentioned together in Leviticus represent not only physical fat but also what *produces* fat in our body spiritually. When Scripture instructs believers *not to eat fat or blood*, it not only speaks of the physical abstinence of fat and blood of an animal but also includes the spiritual, emotional, psychological and verbal well being of the person as well. This instruction is to bless His people and promote a long life. If believers bring contamination into their temples sickness, disease, and even death may result. Obedience brings the blessings.

Yeshua's priesthood is a *holy* priesthood designed to serve with Him in His *Holy* Temple. What a believer puts in his or her body is the key to the priesthood. If Yeshua's people disregard His teaching on forbidden things, fat and blood, is this the Bride the Groom will return for - one living in willful disobedience to His instruction?

We see how important Yahweh's teaching on fat and blood is when we note that every time fat and blood are mentioned in Leviticus, the instruction for the priesthood is given directly

following. Therefore, the priesthood of Yeshua is to examine every aspect of what they put into their body physically. His instruction is not only about ingesting the undesirable unclean but includes what a believer *hears*, what a believer *sees* and whom a believer *associates*. So as not to cause defilement, believers are given these instructions in Leviticus to help walk upright, undefiled, holy and pure before Him. This teaching is not about *salvation* but *sanctification* and *consecration*, as these instructions are given to those who are already saved.

The life of an animal is in its *lifeblood*. Blood is both life-giving and a part of the cleaning system. Blood not only takes the life source to the animal, but also works like a vacuum cleaner removing toxins and waste products from the kidneys, skin, bowels, and lungs. Thus, the blood is rendered unclean for human consumption. If believers eat meat with the *lifeblood*, they open themselves up to eating (also called *drinking* in Scripture) the very life of that animal including its characters such as fears, hunting instincts, and carnal behavior. When we eat an aggressive type of animal, we may be opening ourselves up to taking on its aggressive behavior also.

If an animal or bird is raised in an inhumane environment such as farm factories, as many are, any virus or disease that may be present is also in the meat. Many hormones, antibiotics, and chemicals are administered to these factory-raised animals. These substances stay with the animal for life, and therefore, are also present in the end meat product. Factory-raised animals have no access to grass, their natural food, thereby, given a GMO grain to fatten them up for market. We literally consume all of this and more if we do not know where our food source originates from or how it is raised, especially if the *lifeblood* is still in the meat. Sadly, an unethical environment can open the door to the lust of the eye, the lust of the flesh and the pride of life.

Addictions such as pornography, gaming, alcohol, drugs, etc. are synonymous with what the Bible calls *worshipping the "high" places*. Sadly these addictions are in epidemic proportions today. Sophisticated technology such as smartphones, tablets, apps, the media, movies, magazines, etc. is advancing in a society void of God/*Elohim* and His word, especially among believers and the young today. Are our children spending more time isolated with technology than interacting with family and friends out exploring in God's/*Elohim* Creation? We are not saying that media or electronic devices are evil but we should take into account what the content and substance. Is it edifying or does it feed a hypnotic addiction into a fantasy world through vivid games and graphics with assaulting ads and commercials constantly flashing? This is called a mixed seed. What kind of programs and games are we allowing our minds and the minds of our children to be controlled? Will this environment lead us into His Kingdom or remove us? Many tend to justify *the system* by saying; "*We are born again and under the Blood*" "*We are saved by His Grace!*" We just read in Leviticus that if *we* participate in the abominable, *we* become defiled regardless of whether *we* are "*saved*" or not (Matthew 25:1-13).

In a past report from Focus on the Family, when a traditional Christian conference comes to town the hotels report a surge of X-rated movies viewed during that period. Pornography is adultery. One speaker shared that of the 25,000 men at one Christian conference; approximately half the men came forward to repent for cheating on their wives through pornography. Blood in the meat can directly affect a person's appetite for lust. Sexual sin passes on to the *third* and

fourth generation through the sin of iniquity and is also considered a community sin in the Bible that defiles *all Israel*. Lust destroys; it is not love.

Consuming what is forbidden and the lifeblood is considered foods offered to idols in pagan worship rituals. In the story of the Maccabees, the pig has been particularly common in pagan cults who used not only animal but also human blood sacrifices in their fertility rites (1 Kings 16:30-34; 1 and 2 Maccabees; Numbers 25:1-3).

Touching the unclean realm marks Yahweh's people as unclean. When blood is consumed, it can open the door to immoral acts of indecency. Entering the unclean realm will eventually lead to an occult involvement, a lower quality of life and a change in friendships and associations. A weakened spiritual walk will lose its passion and enthusiasm for Yahweh. Distractions and loss of interest will eventually separate a person's walk from the life giver, Yeshua. Do we desire to have a deeper walk and glean deeper revelations in His Word? Yahweh instructs us to look into the diet first. Our diet reflects our spiritual condition. *We are what we eat.*

🌿 **2 Corinthians 6:16** "What agreement is there between the temple of God/*Elohim* and idols? For we are the temple of the living God/*Elohim*."

🌿 **Ezekiel 33:24-26** "Son of man, they who inhabit those ruins in the land of Israel are saying, 'Abraham was only one, and he inherited the land. But we are many; the land has been given to us as a possession.' Therefore say to them, 'Thus says the Lord GOD: You eat meat with blood, you lift up your eyes toward your idols, and shed blood. *Should you then possess the land?* You rely on your sword, you commit abominations, and you defile one another's wives. *Should you then possess the land?*'"

Life Is In The Blood - What's in Your Blood?

As we are learning, thoughts can poison the body by triggering over-secretions of chemicals that can lead to a chemical and hormonal imbalance, which in turn can produce physical fat. Fear, stress and anxiety, as well as all improper thoughts and emotions, may result in behaviors that cause obesity, disease, and cancers in the body.

The body is pH balanced and so is the blood. If the body temperature rises even slightly, we feel sick. It is the same with the blood. When the pH balance is not stable, the blood becomes too acidic, and the body suffers. First, the body gathers calcium and other minerals from the organs to buffer the over-acidic state of the body. When this is depleted the body begins to store fat to protect the organs. All this can cause disease and sickness that in turn can lead to more serious illnesses and even death. Fat is a sign of an over acidic body.

Where do acids originate? If the pH of the blood is not correct, it is a symptom of consuming what God/*Elohim* said not to, as these can lead to a critical thought pattern and corrupt speech. Thus, the body begins to crave sugars, processed junk food and carbohydrates. Consuming too many of these makes the body listless, out of focus, depressed, sick and tired. Reaching for a refined sugar product to boost the energy level such as a chocolate bar, pop or ice cream will not help the problem. In an over acidic climate, microorganisms are encouraged to grow. It is these

microorganisms that are hungry causing the body to crave sweets. They deplete energy and cause the body to become sick and tired, a cycle, which addictive personalities may fall into through its spiritual roots.

An over acidic body is also a friendly environment where bacteria grow, producing a yeast forming fungus, which if left unattended may later develop into a breeding ground for microorganisms. Organisms enter the bloodstream when the environment is ripe. Their job is to decay the body and prepare it for death. They go wherever the blood goes – to the brain, to the heart, and to the muscles - causing major diseases like arthritis, heart problems, diabetes, and cancers. To reverse any damage to the body Yahweh's people can choose to eat biblically. A healthy, biblically based diet (*physical or spiritual*) from the Owner's manual will cleanse the body bringing health, life, vitality, and clear the mind of any life-threatening diseases. Our bodies are designed to live up to Yahweh's word thereby reflect radiant health accordingly (Deuteronomy 28).

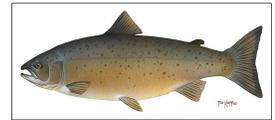
🌿 **2 Corinthians 6:17 to 7:1** “Therefore come out from them and be separate. Touch no unclean thing, and I will receive you. I will be a Father to you, and you will be my sons and daughters. Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for Yahweh.”

Clean and Unclean Ocean/Fresh Water Life

Leviticus 11:9-12

(For more information please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

Only fish with both fins and scales are called food. All other sea creatures or water life Yahweh says are an abomination for His people to consume. Shellfish or fish without scales and fins are the scavengers and cleaners of Yahweh's waterways. Their job is to clean all urine, feces and scum from the water. Naturally they are cesspools of filth and contaminants, containing high levels of bad cholesterol, mercury, disease, worms, chemicals, and parasites. Shrimp, prawns and other mid-water swimmers like squid and octopus are vacuum cleaners. Whales are big surface filters. Likewise, sharks and other aggressive cleaners remove larger debris. Eating these will introduce their aggressive, scavenger natures. Clams, oysters and mussels are immobile filter feeders that contain bacteria, viruses, and can also harbor hepatitis; bringing all the contaminants they hold into our bodies when consumed. God/*Elohim* warns us not to eat these.



Yahweh shows us many things through His Creation. In Matthew 4:19, Yeshua calls us to be fishers of men and to multiply. We see this multiplication in the parable of the twelve loaves and two fishes (Mark 8:19). When people do not heed Yahweh's words but hang on to bitterness, unforgiveness or critical spirits, they act like bottom feeders or as the sea creatures (without fins or scales) that hide in dark crevices away from the light. If people continue in hardness of mind, an outer shell like character grows and hardens the heart. Hearts that continue in bitterness sadly become segmented and full of pus as we see with the unclean crabs and lobsters. Eventually, they become immobile, latching on to hard surfaces like a muscle or barnacle, grouping together

with other tough shelled ones. This mindset is in sharp contrast to how Yahweh calls His people to be – like the soft, flexible *fish*, at peace with one another, which have elegant fins and scales and swim obediently in colorful schools.

Do These Dietary Laws Apply to Us Today?

Malachi 3:6 says, “*For I am the LORD/Yahweh, I do not change.*” And according to Hebrews 13:8, “*Jesus Christ/Yeshua HaMashiach is the same yesterday and today and forever.*” Thus, the Father’s dietary instructions have not changed either.

Mark 7:1-23 records a discussion between the Pharisees and the teachers of the law and Yeshua in which He is correcting them. The men did not understand the difference between the laws created by *man* coming from a legalistic observance of God’s/*Elohim* word and the Torah Spirit-led lifestyle (see teaching from study *Mishpatim - Exodus 21*). Man’s laws had cluttered Yahweh’s teaching and instruction by adding to them exceedingly. *Yeshua was not talking about unclean entities becoming clean food for His people.* Yeshua is the physical manifestation of Yahweh’s word in the flesh. He would not contradict Himself. These teachers of the law *added* the traditions of *man* to the Word of Yahweh. They had set aside Yahweh’s teaching and instruction to observe *their own traditions*. Yeshua was correcting their religious spirits and pointing to the real contamination was in their hearts “*What comes out of a man is what makes him unclean.*”

Acts 10:1 to 11:18 details a vision Peter received in which a sheet, known as a *tallit* in Hebrew, descended and ascended from heaven three times. In this *holy* garment were all kinds of four-footed animals, as well as reptiles of the earth and birds of the air. Peter was told to *kill and eat*. Peter was alarmed. This vision came while Peter was very hungry thus he assumed God/*Elohim* was telling him to *eat the abominable*. It perplexed him, as he knew that God/*Elohim* would not contradict Himself. As Peter pondered about the meaning behind this vision, God/*Elohim* showed him that the animals represented *people*. “*But God/Elohim has shown me that I should not call any man impure or unclean*” (Acts 10:28). The people in Acts 10 were those Yeshua was redeeming to Himself. For generations, the House of Judah had thought of themselves as the *only clean people* before Yahweh, as the House of Israel were lost and scattered among the nations with many becoming an *unclean people* adopting pagan customs and culture. Yeshua was saying to Peter that he was no longer to think of the House of Israel or those returning from the nations as *unclean*. If the returnees repented and embraced Yeshua, the Word personified, by returning to His ways then they were no longer considered unclean but *clean!*

🌿 **Colossians 3:5-17** “Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry. Because of these things the wrath of God/*Elohim* is coming upon the sons of disobedience [*believers who choose not to walk in agreement with their covenant*], in which you yourselves once walked when you lived in them. But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. Do not lie to one another, since you have put off the old man with his deeds, and have put on the new *man* who is renewed in knowledge according to the image of Him who created him, where there is neither Greek nor Jew, circumcised nor uncircumcised,

barbarian, Scythian, slave *nor* free, but Christ/*Messiah* is all and in all [*one law for all*]. Therefore [*believers*], as *the* elect of God/*Elohim*, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ/*Messiah* forgave you, so you also *must do*. But above all these things put on love, which is the bond of perfection. And let the peace of God/*Elohim* rule in your hearts, to which also you were called in one body; and be thankful. Let the word of Christ/*Messiah* dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatever you do in word or deed, *do* all in the name of the Lord Jesus/*Yeshua HaMashiach*, giving thanks to God/*Elohim* the Father through Him.”

🌿 **James 1:22** “But be doers of the word, and not hearers only, deceiving yourselves.”

🌿 **James 2:26** “For as the body without the spirit is dead, so faith without works is dead also.”

🌿 **Philippians 4:9** “The things which you learned and received and heard and saw in me, these do, and the God/*Elohim* of peace will be with you.”

The teaching of clean and unclean is called *Kashrut* in Hebrew. *Kashrut* is just one of the realms in Yeshua’s Kingdom instructions for life. We are always in His presence, but staying in His *provision* is why He instructs us. Obedience brings the blessing. This is not a *salvation* issue, but a *redemption / sanctification* issue. Once Yeshua’s people understand, they can choose to turn from past choices and influences to a more Scriptural understanding.

A Short List of Yahweh’s Clean Foods to Eat

- **Clean Meats:** Antelope, buffalo, cattle, deer, goat, oxen, sheep and other animals with a hoof completely divided and which chews the cud (with no lifeblood).
- **Clean Fish:** Bass, cod, grouper, haddock, halibut, herring, mackerel, orange roughy, perch, salmon, snapper, trout, and any other finned and scaled fish.
- **Clean Birds:** Chicken, Cornish hen, quail, turkey and any other non-flesh-eating birds. Web footed birds are considered unclean.

Biblical Kosher: Dietary Food Laws

(For more information please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

As we can see, the biblical dietary laws are not hard to follow. Clean choices are abundant. To perform a kosher kill, the animal is placed head down in a slaughter trough. The main arteries on both sides of the neck and esophagus are severed quickly and cleanly, allowing the heart to continue to pump as the *lifeblood* of the animal drains out before death occurs. The animal then dies a painless death. If a kosher killed is not available, soaking the meat in salted water for an hour, rinse and repeat if necessary, then rinsing well is acceptable. Please note that meat/muscle is made of blood, and some blood will be present. However, it is the *lifeblood* you are removing.

In North America, some slaughterhouses still cause the animal to go into a major crisis when entering the slaughter chute, which triggers a fear/flight response. This trauma can release harmful chemicals into the body, thereby toughening the meat. The animal is then strung up in a processing line and lastly, the throat cut to drain the blood, which if not already dead, will bring the final demise of the animal.

Many modern slaughterhouses have adopted Dr. Temple Grandin's more humane handling of animal slaughter. Dr. Grandin also designs kosher slaughterhouses <http://www.youtube.com/watch?v=VMqYYXswono>. <http://www.grandin.com/ritual/kosher.slaughter.html>. (See more information in the reference section).



Pork

The following is a quote from Dr. Gordon Tessler PhD, a well-known doctor who wrote the book *The Genesis Diet*: <http://www.gordontessler.com/en-us/home.aspx>



“Pigs are known to carry up to two hundred diseases and eighteen different parasites and worms, including the deadly worm called trichinella spiralis. This worm is commonly called trichinosis and there is no known cure for these spiral worms. The trichinae worms are so small and transparent that only trained inspectors using high-powered microscopes can detect their existence. Trichinosis can cripple or even kill anyone that eats as little as a forkful of contaminated food! Trichinosis can mimic other diseases such as arthritis, rheumatism, or typhoid fever.”

“Pigs have more incidences of arthritis than any other known animals in the world. Arthritis may be a virus or a parasite that is transmitted from pigs to humans as a direct result of eating the flesh and blood of hogs or pigs. Perhaps many other diseases are misdiagnosed and their real cause is roundworm, gullet worms, hookworms, thorn-headed worms, trichina worms, stomach worms, nodular worms, tapeworms, as well as many other parasites found in the flesh of the unclean swine. A person may be committing slow suicide when they eat bacon, ham, sausage, or pork chops.” (End of quote.)

The American Cancer Society considers the pig and pork products like bacon, salami, pepperoni, and hot dogs to be the number one cancer-producing agent in the world today. The body tries to fight the trichinosis worm by forming tumors around them. Sadly, a whole industry has grown exponentially around a populous who eats the unclean. Doctors, pharmaceuticals, medical-related support, and hospitals testify to the results as cancer, diabetes, heart and stroke victims who are on the rise clogging the corridors of our medical facilities today. Those who return to a safe biblical lifestyle are learning God's/*Elohim* food laws and how to keep their temples clean and healthy - physically and spiritually. What God's/*Elohim* people need is not a prayer line-up. It starts first with a heart decision to obey.

Processed Foods

Scripture does not mention the modern term *processed foods*, or McDonald's hamburgers or Tim Horton's donuts. At the time the marriage covenant/*ketubah* was given to Israel at Mount Sinai, there were no fast food chains or corner convenience stores. Therefore, the dietary instructions did not include *manufactured processed products*; it only spoke of authentic organic foods as described from the Designer's Manual. These are the only foods our bodies are programmed to process for our health. If we eat an unauthorized diet such as a GMO product or processed junk drinks or snacks, our bodies will not know what to do with them. Eating garbage can cause our body to deteriorate prematurely. God/*Elohim* has promised His people a long and healthy life *if we stay within His guidelines*. When Moses passed away at 120 years of age Scripture says that his eyes were not dim nor his natural vigor diminished. The covenant we agreed to honor stipulates only authorized food (physical and spiritual) please! (Deuteronomy 34:7).



<http://www.forksoverknives.com>



- ✚ **Leviticus 11:44-47** “For I am the LORD/*Yahweh* your God/*Elohim*. Consecrate yourselves therefore, and be holy; for I am holy. And you shall not make yourselves unclean with any of the swarming things that swarm on the earth. For I am the LORD/*Yahweh*, who brought you up from the land of Egypt, to be your God/*Elohim*; thus you shall be holy for I am holy. This is the law regarding the animal, and the bird, and every living thing that moves in the waters, and everything that swarms on the earth, to make a distinction between the unclean and the clean, and between the edible creature and the creature which is not to be eaten.”

- ✚ **1 Peter 1:14-16** (the parallel passage to Leviticus 11:44-47) Peter said, “As obedient children, do not be conformed to the former lusts which were yours in your ignorance, but like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, ‘*You shall be holy, for I am holy.*’”

- ✚ **Ezekiel 44:6-16** (This is a prophetic word still to unfold) “Now say to the rebellious, to the house of Israel, thus says the Lord God/*Elohim*: ‘O house of Israel, let us have no more of all your abominations. When you brought in foreigners, uncircumcised in heart and uncircumcised in flesh, to be in My sanctuary to defile it - My house - and when you offered My food, the fat and the blood, then they broke My covenant because of all your abominations. And you have not kept charge of My holy things, but you have set *others* to keep charge of My sanctuary for you.’ Thus says the Lord God/*Elohim*: ‘No foreigner, uncircumcised in heart or uncircumcised in flesh, shall enter My sanctuary, including any foreigner who *is* among the children of Israel. And the Levites who went far from Me, when Israel went astray, who strayed away from Me after their idols, they shall bear their iniquity. Yet they shall be ministers in My sanctuary, *as* gatekeepers of the house and ministers of the house; they shall slay the burnt offering and the sacrifice for the people, and they shall stand before them to minister to them. Because they ministered to them

before their idols and caused the house of Israel to fall into iniquity, therefore I have raised My hand in an oath against them,' says the Lord God/*Elohim*, 'that they shall bear their iniquity. And they shall not come near Me to minister to Me as priest, nor come near any of My holy things, nor into the Most Holy *Place*; but they shall bear their shame and their abominations which they have committed. Nevertheless I will make them keep charge of the temple, for all its work, and for all that has to be done in it. But the priests, the Levites, the sons of Zadok, who kept charge of My sanctuary when the children of Israel went astray from Me, they shall come near Me to minister to Me; and they shall stand before Me to offer to Me the fat and the blood,' says the Lord God/*Elohim*. 'They shall enter My sanctuary, and they shall come near My table to minister to Me, and they shall keep My charge.'”

🌿 **Jeremiah 17:10** “I, the LORD/*Yahweh*, search the heart, I test the mind, even to give every man according to his ways, according to the fruit of his doings.”

Shabbat Shalom
Julie Parker

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Sheepfold Gleanings written by Julie Parker
Mail: 6655 Royal Avenue; P.O. Box 94014; West Vancouver, BC; V7W 2B0 CANADA
Website: www.sheepfoldgleanings.com
Email: sheephear@yahoo.ca



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